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## Press Release

### FOR IMMEDIATE RELEASE

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### Updated Amador Mask Distribution Sites: Wildfire Smoke Concerns Continue

**Sutter Creek, CA** – Amador County Public Health alerts community members that because of smoke from the Butte Fire, respirator mask distribution sites have been established at multiple sites within Amador County.

#### Mask Distribution Sites:

- **Senior Center, Jackson**
- **Public Health & Social Services Departments at Health & Human Services Building, Sutter Creek**
- **Sutter Creek Post Office**
- **City of Jackson, City Hall**
- **Payless Market, Pioneer**
- **Lockwood Fire Station #1, Volcano**
- **Amador Station Gas & Grocery, Pioneer**
- **Big Trees Market, Shake Ridge Rd**
- **Volcano Union Inn, Volcano**
- **ACES, Pine Grove**
- **St. Catherine Drexel Parish Center, Martell**
- **Church of Nazarene, Sutter Creek**
- **Cornerstone Church, Lone**
- **KVGC Radio, Jackson**
- **Laughton Ranch, Jackson**
- **Jackson Rancheria Shelter, Jackson**
- **Amador County Library, Jackson Branch**
- **Amador County Fairgrounds Animal Shelter, Plymouth**

It is important to choose the correct mask to protect your lungs. Remember to:

- Choose a size that will fit over your nose and under your chin. It should seal tightly to your face. These masks do not come in sizes that fit young children.
- Choose a mask called a “particulate respirator” that has the word “NIOSH” and either “N95” or “P100” printed on it.
- Choose a mask that has two straps that go around your head. DO NOT choose a mask with only one strap or with straps that just hook over the ears.
- If there are gaps between the edges of the mask and your face, it is not a good fit and will not provide adequate protection from the microscopic particles in smoke.

Wildfire smoke can irritate your eyes, nose, throat and lungs. It can make you cough and wheeze, and make it hard to breathe. Avoid exposure as much as possible by staying indoors with air conditioner on re-circulate. Those with chronic health conditions, young children, pregnant women and elderly adults should especially be aware and take protective measures.

Anyone, especially those with heart or lung disease, who experiences repeated coughing, shortness of breath, difficulty breathing, wheezing, chest tightness or pain should contact their doctor or seek medical attention.

**For information on a Visibility Index to use to gauge air quality for your family, please visit:**  
[https://nmtracking.org/en/enviro\\_n\\_exposure/fire-and-smoke/](https://nmtracking.org/en/enviro_n_exposure/fire-and-smoke/)

For additional information on wildfire smoke, please visit: <http://www.cdc.gov/features/wildfires/>.