

SWIMMING GUIDELINES FOR POOL USERS

PROTECT YOURSELF & OTHERS FROM COVID-19

DO:

- Check in before entering the pool
- Stay at least 6 feet away from others to maintain social distancing
- Keep your hands clean by washing hands with soap and water, especially after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing

DON'T:

- Visit the pool or other public areas if you are sick with COVID-19, were recently exposed (within 14 days) to someone with COVID-19
- Visit the pool if you are experiencing nausea, vomiting, or diarrhea
- Visit the spa or hot tub
- Gather in large groups

