

Amador County Public Health Department

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ORDER OF THE HEALTH OFFICER OF THE COUNTY OF AMADOR FOR THE CONTROL OF COVID-19 DIRECTING INDIVIDUALS IN THE COUNTY DIAGNOSED WITH COVID-19 OR AWAITING TEST RESULTS TO ISOLATE THEMSELVES

UPDATED ORDER: August 17, 2020

Please read this Order carefully. Violation of or failure to comply with this Order is a misdemeanor punishable by fine, imprisonment, or both. (California Health and Safety Code § 120295, *et seq.*; Cal. Penal Code §§ 69, 148(a)(1).)

SUMMARY OF THE ORDER

California is in a State of Emergency because of the Coronavirus Disease 2019 (“COVID-19”) pandemic. The spread of the novel coronavirus that causes COVID-19 is a substantial danger to the health of the public within the County of Amador (“County”). COVID-19 can easily spread between people who are in close contact with one another. This Order is issued based on scientific evidence and best practices as currently known and available to protect vulnerable members of the public from avoidable risk of serious illness or death resulting from exposure to COVID-19. The age, condition, and health of a significant portion of the population of the County place it at risk for serious health complications, including death, from COVID-19. There is growing evidence of transmission risk from infected persons before the onset of symptoms.

Thus, all individuals who contract COVID-19, regardless of their level of symptoms (none, mild or severe), may place other vulnerable members of the public at significant risk. Currently, there is no specific treatment for COVID-19 and no vaccine available to protect against COVID-19 transmission.

To help slow the spread of COVID-19, protect vulnerable individuals, and prevent the healthcare system in the County from being overwhelmed, it is necessary for the Health Officer of the County of Amador to require the quarantine of persons exposed to a person diagnosed with COVID-19. “Quarantine” separates and restricts the movement of persons who, while not yet infected with COVID-19, have been exposed to COVID-19 and therefore may become infectious “Isolation” is the separation of persons who are infected with COVID-19 from other persons. This Order addresses isolation requirements.

UNDER THE AUTHORITY OF SECTIONS 101040; 101085; 120130; AND 120175 OF THE CALIFORNIA HEALTH AND SAFETY CODE, THE HEALTH OFFICER OF THE COUNTY OF AMADOR (“HEALTH OFFICER”) ORDERS:

1. **All individuals who are at risk to spread COVID-19, as described in Section 2 of this Order, must isolate themselves and follow all instructions in this Order and the Amador Public Health (“Public Health”) guidance documents referenced in this Order. Self-isolation is required because a person with COVID-19 can easily spread the virus to others. Isolation separates these individuals from others to prevent the spread of COVID-19.**
2. For purposes of this Order, an individual is considered to be at risk to spread COVID-19 if the individual was tested for and is awaiting results of tests, or diagnosed with COVID-19 on the basis of a positive lab test for the coronavirus (known as SARS-CoV-2) that causes COVID-19 and is infectious, as described in Section 5.c. below.
3. For purposes of this Order, an individual with COVID-19 who does not have access to a home or residence for the purpose of isolation shall not be deemed in violation of this Order if upon notification of a positive COVID-19 test, said individual promptly contacts Amador County Public Health by dialing 209-223-6407 to inform of their COVID-19 status and request an isolation location, cooperates fully with County Public Health staff, and is otherwise compliant with this Order.
4. This Order is issued in accordance with, and incorporates by reference, the March 4, 2020 Proclamation of a State of Emergency issued by Governor Gavin Newsom, the March 12, 2020 Declaration of a Local Health Emergency by the Health Officer, the March 17, 2020 Proclamation of a Local Emergency by the Amador County Director of Emergency Services, the March 19, 2020 Resolutions by the Board of Supervisors ratifying and extending the local emergency and local health emergency, the Governor’s March 19, 2020 statewide Executive Order to Stay at Home, and the March 13, 2020 declaration of a national emergency by the President of the United States.
5. **Instructions.** All individuals who are diagnosed with COVID-19 must immediately take the following actions:
 - a. Isolate themselves in their home or another residence. They may not leave their place of isolation or enter any other public or private place, except to receive necessary medical care or during an emergency that requires evacuation to protect the health and safety of the individual. See Appendix B, posted at <https://www.amadorgov.org/services/covid-19> and attached to this Order, for further guidance.
 - b. Carefully review and closely follow all requirements listed in the “Home Isolation Instructions,” posted at <https://www.amadorgov.org/services/covid-19> and attached to this Order as Appendix B.
 - c. Tell their close contacts that they need to self-quarantine themselves. Close contacts who should be notified to self-quarantine are people who were in close physical proximity with them during their infectious period. The infectious period begins 48 hours before

symptoms began (or, in the absence of symptoms, on the date of a positive test) and ends when the isolation period is over (see Section 6 below). Close contacts of an individual who has COVID-19 include persons who, during the individual's infectious period:

- Live in or have stayed overnight at the individual's residence; or
- Are intimate sexual partners of the individual; or
- Provide or provided care to the individual without wearing a mask, gown, and gloves.

- d. Refer their close contacts to the "Home Quarantine Instructions" Appendix A posted at <https://www.amadorgov.org/services/covid-19> which describe steps that household contacts, intimate partners, and caregivers must take to prevent spread of COVID-19. Close contacts have likely been exposed to COVID-19 and if infected, can easily spread COVID-19 to others, even if they have no symptoms or only mild symptoms.
 - e. Cooperate with directives from Public Health to collect and report symptoms, which may include temperature readings and other health data, to Public Health or its designee(s) during the entire period of their isolation
6. The period of isolation for an individual will be one of the following:
- a. Individuals without symptoms must isolate for 10 days from the date of a positive test.
 - b. Individuals with symptoms must isolate until the later of the following:
 - At least 24 hours have passed since recovery, defined as resolution of both fever without the use of fever-reducing medications and improvement of cough and shortness of breath if present AND
 - At least 10 days have passed since their symptoms started.
 - c. Individuals who have pending or follow-up tests for COVID-19 will be released from isolation upon confirmation of negative results.
7. The Health Officer may take additional action(s), which may include civil detention or requiring one to stay at a health facility or other location, to protect the public's health if an individual who is subject to this Order fails to comply with this Order.
8. This Order shall go into effect immediately and will continue to be in effect until it is rescinded, superseded, or amended in writing by the Health Officer.
9. Copies of this Order shall promptly be: (1) made available at 810 Court Street, Jackson, CA 95642; (2) posted on the County Public Health website (<https://www.amadorgov.org/services/public-health>); and (3) provided to any member of the public requesting a copy.

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10. If any provision of this Order or its application to any person or circumstance is held to be invalid, then the remainder of the Order, including the application of such part or provision to other persons or circumstances, shall not be affected and shall continue in full force and effect. To this end, the provisions of this Order are severable.

IT IS SO ORDERED:

Rita H. Kerr

Rita H. Kerr, M.D.
Health Officer of the County of Amador

Dated: August 17, 2020

Approved as to form and legality:

Gregory Gillott

Gregory Gillott
Amador County Counsel

Dated: August 17, 2020

Appendix A: “Home Quarantine Instructions”

Appendix B: “Home Isolation Instructions”