



AMADOR
SENIOR CENTER

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ACSC

EMERGENCY SERVICES.

9-1-1

This number is for **life-threatening** emergencies only.

Sheriff: (209) 223-6500

In case of a life-threatening emergency call 9-1-1 emergency services to report incident. For **non-emergency** law enforcement questions or reports of suspicious activity that is non dangerous, contact your local department or sheriff office if you live in unincorporated areas of Amador County.

City of Lone Police Department: (209) 274-2456

City of Jackson Police Department: (209) 223-1771

City of Sutter Creek Police Department: (209) 267-5646

Amador Fire Protection:

In case of a Fire Emergency call 9-1-1 emergency services to report. For nonemergency fire information please contact your local fire department or Amador Fire Protection, numbers are listed below.

Amador County Fire Districts/Departments:

Amador Fire Protection District: (209) 223-6391

Lone Fire Department: (209) 274-4548

Jackson Fire Department: (209) 256-4499

Jackson Valley Fire Protection: (209) 763-5848

Lockwood Fire Protection District: (209) 296-5122

Sutter Creek Fire District: (209) 267-0285

Pine Grove CA Fire Station: (209) 296-4435

Pioneer CA Fire Station: (209) 295-7735

Plymouth Volunteer Fire Department: (209) 245-4833

NON-EMERGENCY SERVICES.

Adult Protective Services: (209) 223-6550

Toll free: (844)-835-3685

Responds to reports of abuse (financial, emotional, and physical) of dependent adult or persons 65+.

Amador County Animal Response Team: (209) 257-4907

www.amadoranimalresponse.org

Partners with emergency services to rescue and house animals of Amador County residents. Provides animal shelter and care when owners are forced to evacuate their homes because of a declared disaster and educates the public on disaster preparedness.

Operation Care Crisis Line: (209) 223-2600

www.operationcare.org

Speak to trained volunteer, if you are feeling overwhelmed or suicidal, or to report sexual assault or domestic violence.

Poison Control Center: (800) 222-1222

Questions about effects and treatment for ingested substances for both people and animals.

Secret Witness: (209) 223-4900

Anonymous reporting of suspected crimes.

FINANCIAL ASSISTANCE.

Amador County Department of Social Services

(209) 223-6550 www.co.amador.ca.us

Provides support and help with CalWorks (cash aid), CalFresh, Medi-Cal, and County Medical Services Program.

Amador Senior Center: (209) 223-0442

Provides for a free 30-minute session with a qualified financial advisor from Van Hulzen Asset Management. By appointment only.

Amador Tuolumne Community Action Agency (ATCAA):

(209) 223-1485 www.atcaa.org

Assistance with energy bills and connection to other support programs for electricity or propane bills. Assistance for people facing foreclosure or homelessness.

MediCal: (209) 223-6550

Financial assistance for medical care for low-income people

Social Security: (877)545-5497

Main number for information about obtaining social security and questions about payments. No local number.

Society of St. Vincent De Paul (St. Katherine Drexel Church): (209) 223-5865

Provides assistance for those in need of “loving and compassionate interest. If that interest calls for food, clothing, or other assistance, so be it.”

FOOD RESOURCES.

Amador County Health and Human Services:

(209) 223-6550 www.amadorgov.org

Aids in registering for food benefits, insurance benefits and other state and local programs.

Amador Senior Center Meals: (209) 223-0442

Home Delivered Meals: Freshly prepared hot meals delivered daily Monday - Friday 11:30am - 1:30pm. Delivery in Jackson, Sutter Creek, Ione, Pine Grove. Call for updated routes.

Congregate Meals: Freshly prepared hot meals daily Monday - Friday 11:30am - 12:30pm at Amador Senior Center, Jackson. Tuesdays in Pioneer, Wednesdays in Plymouth, and Thursdays in Ione. Call for locations and times or to register.

Common Ground Senior Services: (209) 223-3015

Home-Delivered Meals (Meals on Wheels) Frozen meals delivered during week and for weekends. Must be 60 or spouse of 60-year-old.

Interfaith Food Bank: (209) 267-9006

Distributes groceries, helps low-income people apply for food stamps, WIC, and other food-related support programs. Various community-wide EFAP (Emergency Food Assistance Program) distributions during month.

Senior Food Bank Distribution at Amador Senior Center on the 1st Wednesday of the month. Emergency Food Assistance Program (EFAP) Distribution at the Center is the 3rd Tuesday of the month. REGISTRATION FOR ACS LOCATIONS IS THROUGH THE FOOD BANK.

FOOD RESOURCES CONTINUED.

Seventh Day Adventist Church Food Pantry: (209) 293-2124

Food Pantry open to clients of Interfaith Food Bank's Emergency Food Assistance Program (EFAP) and Senior Food Program.

Shingle Springs Band of Miwok Indians.

Food Bank of Eldorado County: (530) 621-9950

Elders Outreach Food Distribution. Call Eldorado Food Bank for application and drop off sites. *FOOD PICK UP SITES IN AMADOR COUNTY*

GENERAL INFO AND ASSISTANCE.

Amador Senior Center: (209) 223-0442

Operates the Amador Senior Center with various programs for seniors: legal services, home repair/safety modification, caregiver support, and social and education activities.

Amador County Library: (209) 223-6400

Books, videos, computer access, audio books, research assistance. Books-At-Home program delivers materials to homebound residents.

Amador County Fire Protection: (209) 223-6391

Answers general questions about fire prevention and fire-related issues.

GENERAL INFO AND ASSISTANCE CONTINUED

Amador Lifeline -(209) 223-1485 (ext. 232 or 246)

A program of Amador-Tuolumne Community Action Agency-
- *"Where help is just a button away!"* Local medical alert device service. Office is local and units are installed by local volunteers. Limited number of units available for people who are low income and unable to afford the regular monthly fee. Email: tkraft@atcaa.org

American Legion Ambulance Company: (209) 223-2963

General information about ambulance services including out-of-county transport. ***Ambulance tickets available at Senior Center (No Air Ambulance or Veteran tickets sold at this location). ***

Area 12 Agency on Aging: (209) 532-6272

Supportive services for people 60+ including caregiver respite funds, some medical equipment and occasional assistance with other financial needs. www.area12.org

Common Ground Senior Services: (209) 223-3015

Information about federally funded services for people who are 60+. Includes transportation and Meals on Wheels.

Sheriff's "Hidden Key" Program: (209) 223-6500

Confidential form filed with sheriff's office indicating where you have a hidden key. This allows for more immediate access in case of medical emergency. Forms available at Senior Center.

Housing

Amador Tuolumne Community Action Agency (ATCAA) - (209) 223-1485

ATCAA's housing program plays a leading role in advocating for developing and managing affordable housing for low to moderate income families and individuals in our region. Offers a variety of assistance and services to the community, including securing and stabilizing housing for at risk of becoming homeless and homeless. Must meet eligibility requirements.

Amador Tuolumne Community Action Agency (ATCAA) - Energy & Weatherization Program (209) 223-1485, ext. 221 or 290

Utility bill assistance program is here to help qualified homeowner or tenant with some or all your current utility bill. The Weatherization Assistance program can help qualified clients with energy-saving home improvements. Must meet eligibility requirements.

Legal Services of Northern California: (800) 660-6107 or (530) 823-7560

Creation/Preservation of low-income housing, tenant rights, evictions & lock outs, foreclosure, mobile homes, mitigation of homelessness, termination of utilities, unsafe housing, and loss of shelter because of natural disasters.

****SEE BACK FOR LISTS OF SENIOR LIVING OPTIONS****

PERSONAL CARE/CAREGIVERS

Access Home Care: (855) 509-2273

In-home personal care, housekeeping, transportation, and various other assistance.

Area 12 Agency on Aging: (800) 510-2020 or (209) 532-6272 Multipurpose Senior Services Program.

The goal is to provide services to enable eligible clients to remain living at home as safely and independently as possible call for eligibility.

Assist Care: (209) 257-4281

Local in-home care aids provide companionship, personal services, and transportation.

In-Home Support Services (IHSS): (209) 223-6550

This program helps pay for services provided to you so that you can remain safely in your home. Must be 65 of age, disabled or blind, must meet income and other eligibility requirements.

IHSS Registry (for clients of the program):

(209) 223-6781

Registered in-home caregivers for qualified clients of the In-Home Supportive Services programs. Provides referrals for trained, screened caregivers to people on the IHSS program.

Interim Healthcare: (209) 223-9119

Local in-home care aids provide companionship, personal services, and transportation.

LEGAL ASSISTANCE

Amador County Conservator -(209) 223-6450

Legal guardianships and representative payee program.

Amador Senior Center -(209) 223-0442

Local attorneys provide free half-hour consultations on simple legal matters such as wills, consumer issues, landlord tenant disputes. By appointment only.

Elder Abuse Program: (209) 223-6444

This program was created to enhance the safety of elder and dependent adults. To provide services to elder victims of crime, investigate allegations of elder abuse and implement outreach awareness of elder abuse.

Legal Services of Northern California: (800)660-6107 or (530)823-7560

LSNC is a non-profit legal aid organization that provides free legal assistance to seniors regarding tenant, landlord, insurance, unemployment, and in-home care and CalFresh/CalWorks. **Family Law, Trusts, Wills and Probates are not a part of this program.**

Motherlode Long Term Care Ombudsman: (209) 532-7632

Handles complaints and concerns regarding residents and care at skilled nursing facilities and residential care facilities. Investigates and provides mediation when needed.

MEDICAL HEALTH CARE

Amador STARS: (209) 267-1246

Answers questions about local and regional services available to cancer patients and survivors, provides free cancer patient transportation to radiation and chemotherapy treatments in San Joaquin, Sacramento, El Dorado, Calaveras, and Amador counties.

Amador County Behavioral Health: (209) 223-6412 (Previously Mental Health Services)

Provides services for urgent mental health care, drug and alcohol counseling and court-appointed domestic violence counseling. Mobile crisis unit.

Amador County Health and Human Services:

(209) 223-6550

www.amadorgov.org

Provides aid/help in registering insurance benefits and other state and local programs.

Amador County Public Health: (209) 223-6407

Information about rabies, immunizations, food safety, West Nile virus, epidemics, bio-hazard events, and child car seats.

Hospice of Amador & Calaveras: (209) 223-5500

In-home care for people who have a terminal disease and a family caregiver. Nursing, social work, and home health aides. www.hospiceofamador.org

MEDICAL HEALTH CARE CONTINUED

Kit Carson Convalescent & Rehabilitation Facility: (209) 223-2231

Rehabilitation, long-term and hospice-skilled nursing care. Separate unit for patients suffering from dementia.

Sutter Amador Hospital: (209) 223-7500

24-hour emergency care. Acute care with full inpatient services. Outpatient services including Sleep Lab, Women's Health Services, Pediatric Clinic, and full radiology services.

United Home Care: (209) 223-3866

Nurses, Physical Therapist, Occupational Therapist, Speech Therapist, Home Health Aides. Medicare/MediCal, private insurance and private pay. Requires order from primary health care provider.

MEDICARE INSURANCE HELP

AREA 12 AGENCY ON AGING – HICAP: (209) 532-6272

Appointment with local counselor for free assistance information regarding Medicare (All parts: A, B, C, D and F) guidance on supplemental health insurance and long-term care insurance. Trained volunteers. Appointments at Amador Senior Center.

Amador County Department of Social Services

(209) 223-6550

www.co.amador.ca.us

Provides support and help with Medi-Cal, and County Medical Services Program.

MEDICAL EQUIPMENT

Amador Senior Center - (209) 223-0442

Limited supply of walkers, wheelchairs, and canes for LOAN. Referrals to other sources of medical equipment.

HRSM (Home Repair & Safety Modification

Installation of grab bars, building of raised furniture platforms, inspection of outlets, smoke and CO2 detectors and trip & fall Hazards.

AREA 12 AGENCY ON AGING – (209)532-6272

MSSP program strives to help qualified, low-income seniors remain in their home with assistance.

DRAIL (Disability Resource Agency for Independent Living) -(209) 532-0963

Advocacy service providing wide variety of programs to promote and implement independent living for people with disabilities.

Ione Pharmacy & Medical Supplies: (209) 274-2432

Home medical equipment, shower equipment, hospital beds, transfer chairs, lift chairs.

SUPPORT GROUPS

SENIOR FRIENDSHIP LINE: (888) 670-1360

Institute on Aging Friendship Line California is a free crisis intervention hotline and a warmline for non-emergency emotional support calls.

SUPPORT GROUPS CONTINUED

Amador County Behavioral Health: (888)310-6555 or (209) 223-6412

Provides support services in the areas of mental health and substance abuse. Provides referrals to other entities within the community.

Alzheimer's Support Group: (209) 286-1910

Evening meeting held at Bryson Park, (10 Bryson Dr, Sutter Creek, CA). Held on the 2nd Monday of each month from 4:30pm-6:00pm. For Caregivers and patients.

Del Oro Caregiver Resources: (916) 728-9333

Support for Caregivers to family members with a cognitive Impairing condition (Alzheimer's, Parkinson's, TBI, Stroke...) www.deloro.org.

Gold County Stroke Support Group: (209) 304-7212

Contact Mike Hewitt or Linda Zender at lzender@gmail.com

Senior Peer Visitors Program: (209) 223-0442

A program of Amador Senior Center providing trained senior volunteers who offer support, resourcing, and visitation to seniors in Amador County.

Hospice of Amador

Grief Support Resources: (209) 223-5500
www.hospiceofamador.org

Transportation

Amador Pioneer Cab: (209) 223-3335

Amador STARS: (209) 267-1246

Free transportation to cancer treatments in San Joaquin, El Dorado, Sacramento, Amador & Calaveras counties.

Amador Transit: (877)-704-4297 or (209) 267-9395

County-wide local transportation to Sacramento and Calaveras County. Provides limited Dial-a-Ride services in specific areas. **Amador Rides** (volunteer-based out-of-county transport) for medical appointments. CALL the Mobility Manager at 267-9395 for more info. www.amadortransit.com/amador-rides

Blue Mountain Transportation: (209) 223-5300

Providing transportation in Amador County, Shuttle Service, Wine Tours, Event Shuttles. www.bluemountaintransit.com

Silver Streak Transport: (800)303-4799 or (209) 223-3015

County wide local transportation. Call to schedule out of area trips.

Victory Village: (209) 223-2286

Call to inquire on trips to local VA hospitals, Veterans', or dependents only.

VETERAN SERVICES.

Amador County Veterans Services: (209) 223-6476

Promotes veterans' rights, issues and access to services and benefits. Access to information and assistance for veterans and their families.

Victory Village: (209) 223-2286

Various programs to assist veterans including housing, assistance with finding resources for jobs, and counseling. Provides some services to the community connecting reliable veterans with jobs that match their skill.

INTERNET LINKS FOR INFORMATION AND SUPPORT

Amador Senior Center

www.amadorseniorcenter.org

Amador County Network of Care

www.amador.networkofcare.org

Amador Tuolumne Community Action Agency (ATCAA)

www.atcaa.org

Area 12 Agency on Aging

www.area12.org

Amador Transit

www.amadortransit.com

www.amadortransit.com/amador-rides

Del Oro Caregiver Support

www.deloro.org

Hospice of Amador

www.hospiceofamador.org

AMADOR COUNTY SENIOR HOUSING OPTIONS

****THERE IS NO GUARANTEE OF VACANCY****

****CONTACT PROPERTY MANAGEMENT TEAM FOR FURTHER ASSISTANCE****

55 AND OLDER ONLY COMMUNITY/MOBILE HOMES

Highland Mobile Home Park: (209) 223-2680

Pine Grove Mobile Home Estates: (209) 296-5588

Rollingwood Estates: (209) 223-2288

Sutter Terrace Mobile Home Park: (209) 267-0264

Varley Place Veteran's Housing – Contact ATCAA: (209)223-1485

RETIREMENT LIVING

ASSIST CARE COMMUNITIES-(209) 257-1377 ext. 306

Oak Manor: (209) 223-3273

Gold Quarts Retirement Home: (209) 267-9155

ASSISTED LIVING

ASSIST CARE COMMUNITIES: (209) 257-1377 ext. 306

Amador Residential: (209) 223-4444

Jackson Gardens Memory Care: (209) 223-0411

ARGONAUT CARE HOMES 1&2

Argonaut Care Home 1: (209) 217-8624

Argonaut Care Home 2: (209) 256-8045

AMADOR COUNTY SENIOR HOUSING CONTINUED

LOW INCOME HOUSING/APARTMENTS

Jackson Cornerstone Apartments: (209) 223-2641

Jackson Hills Apartments: (209) 223-0128

Jose's Place Apartments: (209) 274-2684

Kennedy Meadows: (209) 257-0188 or (800) 735-2929

Meadows:

The Meadows 1: Clinton Rd Location, (209) 223-4341

The Meadows 2: Broadway Location, (209) 223-2051

Sutter Hill Apartments: (209) 304-5285

Sutter Hill Place: (209) 267-5770

CALAVERAS 55 AND OLDER COMMUNITY LIVING

Oak Shadows Mobile Home Park: (209) 754-4762