

# Amador County Public Health Department

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## **ORDER OF THE HEALTH OFFICER OF THE COUNTY OF AMADOR MANDATING ISOLATION AND QUARANTINE FOR CERTAIN INDIVIDUALS TO CONTROL THE SPREAD OF COVID-19 AND RESCINDING PRIOR PUBLIC HEALTH ORDERS RELATED TO COVID-19**

**DATE OF ORDER: October 12, 2021**

**Please read this Order carefully. Violation of or failure to comply with this Order is a misdemeanor punishable by fine, imprisonment, or both. (California Health and Safety Code § 120295, *et seq.*; Cal. Penal Code §§ 69, 148(a)(1).)**

UNDER THE AUTHORITY OF SECTIONS 101040; 101085; AND 120175 OF THE CALIFORNIA HEALTH AND SAFETY CODE, THE HEALTH OFFICER OF THE COUNTY OF AMADOR (“HEALTH OFFICER”) ORDERS:

1. **Summary.** The public health threat from COVID-19 continues in the County of Amador (“County”). Vaccines are the most effective method for preventing serious illness and death due to COVID-19. As of the effective date of this Order, the COVID-19 transmission risk within the County is high. COVID-19 continues to pose a risk, especially to residents of the County who are not fully vaccinated. This Order continues to mandate that certain individuals, as specified below, isolate or quarantine themselves to prevent the spread of COVID-19. This Order also rescinds any prior public health officer orders issued to address isolation and quarantine related to the COVID-19 pandemic.
2. **Purpose and Intent.** This Order (hereinafter “Order”) supersedes and rescinds any prior County public health officer orders on quarantining or isolating related to COVID-19 as of the effective date of this Order.
3. **Isolation.** All individuals who have been diagnosed with or are likely to have COVID-19 must isolate themselves. These persons are required to follow all instructions in this Order and the public health guidance documents referenced in this Order.
  - a. All individuals who have been diagnosed with or likely to have COVID-19 must immediately take the following actions:

- i. Isolate themselves at their home or another residence. They may not leave their place of isolation or enter any other public or private place, except to receive necessary medical care.
  - ii. Carefully review and closely follow all requirements listed in the California Department of Public Health’s [“Guidance on Isolation and Quarantine for COVID-19 Contact Tracing.”](#)
  - iii. Tell their Close Contacts that they need to quarantine themselves pursuant to Section 4 of this Order. Close Contacts who should be notified to self-quarantine are people who were with them during their infectious period. The infectious period starts from 48 hours before symptoms began (or the date of the positive test if no symptoms) and ends when the isolation period is over (see Section 3.c below). Close Contacts are persons who:
    1. Live in or have stayed at their residence;
    2. Are intimate sexual partners; OR
    3. Provide or provided care to them without wearing a mask, gown, and gloves; OR
    4. Were within six feet of them for 15 minutes or longer total accumulated time over any given 24 hour period.
  - iv. Refer Close Contacts to the California Department of Public Health’s [“Guidance on Isolation and Quarantine for COVID-19 Contact Tracing,”](#) which describe steps that household contacts, intimate partners, caregivers and others as determined by the disease control program must take to prevent spread of COVID-19. Close Contacts have likely been exposed to COVID-19 and if infected, can easily spread COVID-19 to others, even if they have only mild symptoms.
- b. Individuals who have been diagnosed or suspected to have COVID-19 are required to isolate themselves. This determination is based on one or more of the following factors:
- i. A positive lab test for the coronavirus (known as SARS-CoV-2) that causes COVID-19; OR
  - ii. Signs and symptoms that are consistent with COVID-19 within 14 days of being in close contact with a person who had or was believed to have had COVID-19; OR
  - iii. A healthcare provider has informed the individual that they are likely to have COVID-19.

Self-isolation is required because a person infected with or likely to have COVID-19 can easily spread the virus to others. Isolation separates these ill individuals from others to prevent the spread of COVID-19.

- c. Duration of Isolation: Isolated individuals must isolate themselves and follow all directions in this Order until they are no longer at risk for spreading COVID-19 based on the following criteria:
    - i. At least 1 day (24 hours) have passed since recovery, defined as resolution of both fever without use of fever-reducing medications and improvement of cough, shortness of breath and other symptoms; AND
    - ii. At least 10 days have passed since their symptoms started; whichever is later.
    - iii. Individuals with a positive test who never develop symptoms consistent with COVID-19 must isolate for 10 days from date of test.
4. Quarantine. Except as provided in Section 4.b, all Close Contacts, as defined in Section 3.a.iii above, of a person with COVID-19 must quarantine themselves at their home or another residence. These persons are required to follow all instructions of this Order and the public health guidance documents referenced in this Order.
- a. Quarantine Requirements for Close Contacts. All individuals who have been identified as Close Contacts to a person with COVID-19 must immediately take the following actions:
    - i. Duration of Quarantine: COVID-exposed persons that are unvaccinated and asymptomatic, but have not taken a COVID test, may discontinue quarantine after ten (10) days from the date of last exposure to a COVID positive person. COVID-exposed persons may discontinue quarantine after seven (7) days from the date of last exposure if they remain asymptomatic, AND have received a negative COVID-19 test result from a specimen collected at least five (5) days from the date of last exposure.
    - ii. COVID-exposed persons shall continue to self-monitor for COVID-19 symptoms for fourteen (14) days from the date of last exposure to a COVID-positive person, and shall immediately isolate if COVID-19 symptoms develop within the 14-day post-exposure period.
    - iii. Individuals are required to quarantine themselves because they are at high risk for developing and spreading COVID-19. They must stay at their home or another residence for the entirety of the duration of quarantine prescribed above in Section 4.a.i.
    - iv. Quarantined persons may not leave their place of quarantine or enter any other public or private place except to receive necessary medical care or testing, and must wear a mask at all times when in public.
    - v. Carefully review and closely follow all requirements listed in the California Department of Public Health's "[Guidance on Isolation and Quarantine for COVID-19 Contact Tracing](#),"
    - vi. If a quarantined person becomes sick with fever, cough, or shortness of breath (even if their symptoms are very mild), they should isolate

themselves at home and away from other people, contact their medical provider, seek testing, and follow the California Department of Public Health’s “[Self-isolation Instructions for Individuals Who Have or Likely Have COVID-19.](#)” This is because they are likely to have COVID-19 and if so, can spread it to vulnerable individuals.

- b. Fully vaccinated persons do not need to comply with the quarantine requirements in this Order if they are asymptomatic, as specified in the California Department of Public Health’s “[Recommendations for Fully Vaccinated People.](#)” They are recommended to get tested for COVID-19 at three (3) to five (5) days after their exposure, and/or if they develop any symptoms. A person is considered fully vaccinated if it has been 2 weeks or longer since the receipt of the second dose in a 2-dose FDA-authorized vaccine series, or it has been 2 weeks or longer since the receipt of one dose in a single-dose FDA authorized vaccine. A person is also considered to be fully vaccinated 2 weeks or longer after completing a World Health Organization-authorized vaccine series.
  - c. K-12 Schools. COVID-exposed persons that are staff or students of a K-12 school located within the county shall adhere to the quarantine recommendations found within the CDPH [COVID-19 Public Health Guidance for K-12 Schools in California, 2021-22 School Year.](#)
5. For the purposes of this Order, in calculating the number of days since an individual was exposed to COVID-19, the first day shall be the day after the individual was exposed to a COVID-positive person.
6. Additional Actions and Violations. The Health Officer may take additional action(s), which may include civil detention or requiring an individual to stay at a health facility or other location, to protect the public’s health if an individual who is subject to this Order violates or fails to comply with this Order. Violation of this Order is a misdemeanor punishable by imprisonment, fine, or both. (California Health and Safety Code § 120295, et seq.; Cal. Penal Code §§ 69, 148(a)(1).)
7. Effective Date. This Order shall become effective October 12, 2021. This Order shall continue to be in effect until it is rescinded, superseded, or amended in writing by the Health Officer.
8. Copies of this Order shall promptly be: (1) posted and made available at the entrance of the County Administration Center, 810 Court Street in Jackson; (2) posted on the County of Amador website: <https://www.amadorgov.org/services/public-health/covid-19/isolation-quarantine/>; and (3) provided to any member of the public requesting a copy of this Order.

9. Severability. If any provision of this Order or its application to any person or circumstance is held to be invalid, the remainder of the Order, including the application of such part or provision to other persons or circumstances, shall not be affected and shall continue in full force and effect. To this end, the provisions of this Order are severable.

**IT IS SO ORDERED:**

*Rita H. Kerr*

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Rita H. Kerr, M.D.  
Health Officer of the County of Amador

Dated: October 12, 2021

Approved as to form and legality:

*Gregory Gillott*

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Gregory Gillott  
Amador County Counsel

Dated: October 12, 2021