

# HAPPY HOLIDAYS

*from Amador County Public Health*



## Guidance for Gathering Safely.

### **Get a COVID-19 vaccine.**

Vaccines are our most effective protection against COVID-19. Get vaccinated to protect yourself and your loved ones. COVID-19 vaccines are available and free for individuals aged 5 and older. Visit <https://myturn.ca.gov/> to schedule a vaccine appointment.

### **Keep gatherings small or outdoors when possible.**

Try to avoid being in crowds, especially indoors. Outdoors is safer than indoors. If gathering indoors, open windows and doors if possible to improve ventilation.

### **Wear a face covering over your nose and mouth when in public.**

Do this especially if indoors, social distancing is not possible; or if you are around unvaccinated, older, or high-risk individuals.

### **Get tested for COVID-19.**

Test if you have COVID-19 symptoms or a close contact with COVID-19. Testing is recommended 1-3 days before a gathering or prior to any travel, even if you have no symptoms.

### **Do not host or attend a gathering if you are feeling sick.**

**Read holiday guidance from the California Department of Public Health and CDC for more information.**

