

Amador County COVID Decision Tree for Non-School, Non-Healthcare Exposures (Adapted from Yuba/Sutter Public Health)



Have you been within 6 feet of a COVID-positive person for at least 15 minutes over a 24-hour period?

!! If you have been infected within the last 90 days, there is no need to quarantine. However, if symptoms develop, please use an antigen test to check for possible re-infection!!

You are not a close contact. Continue to follow precautions.

Yes!!
You are a close contact.
Do you have any symptoms*?

Are you **up-to-date** with COVID-19 vaccination**?

Get tested for COVID-19.

Are you **up-to-date** with COVID-19 vaccination**?

No need to quarantine. Monitor for symptoms and wear a mask in public for 10 days. Get tested for COVID 5 days after exposure.

Stay home until you feel better, including for at least 24 hours after any fever ends. No need to quarantine. Wear a mask in public for 10 days after exposure.

Quarantine now and test on day 5. If negative, can be out but continue to wear a mask around others for 5 more days. If you test positive:

Isolate after positive test collected. Tell any close contacts from 2 days before your positive test that they were exposed. You can be out of isolation if test collected on day 5 or later is negative. If positive, must isolate until test is negative, or 10 days have passed. Wear a mask while in public until 10 days have passed.

Quarantine for 5 days and get tested on day 5. If negative, can leave home, continue to wear a mask around others for 5 more days. If you test positive:

No need to quarantine. Monitor for symptoms and wear a mask in public for 10 days after exposure. If any symptoms, isolate and get tested.

Isolate after positive test collected. Tell any close contacts from 2 days before your positive test that they were exposed. You can be out of isolation if test collected on day 5 or later is negative. If positive, must isolate until test is negative, or 10 days have passed. Wear a mask while in public until 10 days have passed.

*Symptoms of COVID-19 include fever, chills, cough, shortness of breath, headache, sore throat, body/muscle aches, runny or stuffy nose, loss of taste or smell, nausea, vomiting, or diarrhea.

** Up to date means fully vaccinated + booster if eligible (5 months after Pfizer or Moderna vaccines or 2 months after J&J vaccine).