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## Local Health Emergency Declaration Ending County COVID-19 Response Continues

**Amador County, CA** – With Amador County's 3-year-long COVID-19 local emergency proclamation and local health emergency declarations coming to an end today, February 28, 2023, the County's Public Health Officer, Dr. Rita Kerr, reiterates a continuing message, "Protect yourself, your family, and friends. COVID-19 testing, treating, and vaccinations will continue as the virus is still circulating."

COVID-19 vaccinations and treatment remain widely available. COVID-19 boosters add protection against new variant strains. In addition to getting vaccinations and staying home when ill, individuals can take other precautions to protect themselves against COVID-19 and other respiratory illnesses. These measures include:

- Cleaning hands thoroughly and often.
- Staying away from sick people.
- Regularly cleaning commonly touched surfaces.
- Consider wearing a mask on public transportation or when in crowded indoor spaces.
- Conducting home testing when exposed or when ill.

Free at-home test kits are available for each household, delivered by the US Postal Service. To order at-home test kits, visit <a href="covid.gov/tests">covid.gov/tests</a> or call 1-800-232-0233. Additionally, Medicare & Medi-Cal allow pickup of free test kits at the pharmacy window, and private health insurance allows for 8 at-home tests per month. If you test positive for COVID, or if you have been exposed and have symptoms, seek medical advice as soon as possible so you can start treatment to avoid getting very sick. Talk to your doctor, call the California COVID Hotline at 1-833-422-4255, or visit the <a href="covid19.ca.gov/treatment">covid19.ca.gov/treatment</a> website to find free treatment.

Amador County Public Health is discontinuing weekly updates of local COVID-19 data on the Public Health website. Current status is on the California COVID tracking dashboard, which includes cases from Mule Creek State Prison in addition to Amador County residents.