

**BEFORE THE BOARD OF SUPERVISORS OF THE
COUNTY OF AMADOR, STATE OF CALIFORNIA**

IN THE MATTER OF:

RESOLUTION RECOGNIZING MAY 2023 AS MENTAL)
HEALTH MATTERS MONTH IN AMADOR COUNTY TO) RESOLUTION NO. 23-053
ENHANCE PUBLIC AWARENESS OF MENTAL HEALTH AND)
DISPEL THE STIGMA SURROUNDING IT)

WHEREAS Mental health challenges are one of the most common health conditions in California, affecting one out of six adults and impacting both the person experiencing mental health challenges and those persons who care and love the person facing the challenge; and

WHEREAS, One out of every twenty-four Californian's with a serious mental illness have difficulty functioning in everyday life and if left untreated, have life expectancies 25 years shorter than the general population; and

WHEREAS, Every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and

WHEREAS, Recovery can and does happen, and all Californians should know that support and help is available regardless of any individual's situation; and

WHEREAS, Creating a community where everyone feels comfortable reaching out for the support they deserve is crucial to ending the stigma around mental health; and

WHEREAS, Access to support and ending the stigma is of paramount importance; and

WHEREAS, The Amador County Board of Supervisors wishes to enhance public awareness of mental health.

NOW, THEREFORE, BE IT RESOLVED by the Amador County Board of Supervisors recognizes May 2023 as Mental Health Matters Month in to enhance public awareness of mental health to help end the stigma.

The foregoing resolution was duly passed and adopted by the Board of Supervisors of the County of Amador at a regular meeting thereof, held on the 9th day of May, 2023, by the following vote:

AYES: Jeffrey Brown, Brian Oneto, Patrick Crew, Frank U. Axe, Richard Forster
NOES: None
ABSENT: None



Jeffrey Brown, Chairman, Board of Supervisors

ATTEST:
JENNIFER BURNS
Clerk of the Board of Supervisors,
Amador County, California



Deputy