

**BEFORE THE BOARD OF SUPERVISORS OF THE
COUNTY OF AMADOR, STATE OF CALIFORNIA**

IN THE MATTER OF:

RESOLUTION SUPPORTING THE
HEALTHY AMADOR PROGRAM

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RESOLUTION NO. 14-001

WHEREAS, the mission of Amador Public Health is "Caring commitment to community health by promoting individual health, preventing disease and disability, and protecting against environmental risk, through education and intervention"; and

WHEREAS, the focus of Amador Public Health is to prevent rather than treat a disease through surveillance of cases and the promotion of healthy behaviors; and

WHEREAS, 61% of Californians are overweight or obese; and

WHEREAS, regular exercise can decrease chronic disease including heart disease, strokes, diabetes, cancers and dementia; and

WHEREAS, regular exercise has the potential to decrease Amador County health care costs and improve the quality of life.

THEREFORE, BE IT RESOLVED by the Board of Supervisors of the County of Amador, State of California that said Board does hereby proclaim support for the Healthy Amador Project. We further encourage all County Departments and staff to participate in this program and help to improve the health and fitness of all Amador County residents.

The foregoing resolution was duly passed and adopted by the Board of Supervisors of the County of Amador at a regular meeting thereof, held on the 14th day of January, 2014 by the following vote:

AYES: Theodore F. Novelli, Brian Oneto, John Plasse, Richard M. Forster and
Louis D. Boitano
NOES: None
ABSENT: None


Richard M. Forster, Chairman

ATTEST:

JENNIFER BURNS, Clerk of the
Board of Supervisors, Amador County,
California


Deputy