

**BEFORE THE BOARD OF SUPERVISORS OF THE
COUNTY OF AMADOR, STATE OF CALIFORNIA**

IN THE MATTER OF:

RESOLUTION PROCLAIMING SEPTEMBER) RESOLUTION NO. 23-118
10th THROUGH SEPTEMBER 16th 2023 AS)
NATIONAL SUICIDE PREVENTION WEEK)

WHEREAS, the week of September 10th through 16th, 2023 is National Suicide Prevention Week and September is National Suicide Prevention Month, a time in which individuals, organizations and communities around the country join their voices to amplify the message that suicide can be prevented; and

WHEREAS, it is recognized that people of all ages benefit from common tenets of wellness, such as access to effective health and behavioral health care, social support, and a sense of meaning and purpose; and

WHEREAS, attitudes and perceptions about aging, behavioral health challenges, and suicide have a significant impact on individual wellness and the willingness to reach out for support and services that can alleviate distress; and

WHEREAS, cultivating and maintaining wellness is a lifelong pursuit, and individuals of all ages can benefit from integrating wellness into their daily routine to prevent or reduce the severity of a broad range of health and behavioral health problems;

WHEREAS, knowing the signs of suicide, finding the words to talk with someone that may be thinking of suicide, and reaching out to local resources are actions everyone can take to care for themselves and others; and


WHEREAS, all Californians are urged to take action for suicide prevention and promote mental health and wellness as we strive towards zero suicides; and

WHEREAS, September 10th through 16th is recognized across the United States as Suicide Prevention Week and September is recognized as Suicide Prevention Month, providing the opportunity to educate and engage everyone in our community to find their role in suicide prevention;

THEREFORE, BE IT PROCLAIMED, by Amador SPEAKS, Amador County's Suicide Prevention Coalition and all members of the Amador County Board of Supervisors on this 12th Day of September 2023, that the week of September 10th through 16th, 2023 be declared 'SUICIDE PREVENTION WEEK' and that the month of September be declared 'SUICIDE PREVENTION MONTH'.

The foregoing resolution was duly passed and adopted by the Board of Supervisors in the County of Amador at a regular meeting thereof, held on the 12th day of September, 2023, by the following vote:

AYES: Jeffrey Brown, Brian Oneto, Patrick Crew, Frank Axe, Richard Forster
NOES: None
ABSENT: None



Jeffrey Brown, Chairman, Board of Supervisors

ATTEST:
JENNIFER BURNS, Clerk of the
Board of Supervisors, Amador County,
California Deputy



Jennifer Burns, Deputy